

Nurturing Self-Esteem In Campers

- Treat others with respect
- Listen actively
- Give eye contact
- Recognize the potential in others
- Be patient and understanding with those who are struggling with a problem
- Practice using nurture words
- Be compassionate, kind, and loving
- Recognize and nurture the strengths of others
- Give acceptance and friendship
- Communicate encouragement to others

(Selected and adapted)